

MD ALERT SIGN-OFF FORM

City of Green Bay

Wellness Incentive Requirements for Physical Exam

Attention Employee /Spouse: Complete the requirements below and obtain Physician's signature and upload into your myInertia account by October 31, 2016 to insure receipt of the premium discount for the first pay period in the following year.

Requirements: Completion of a routine physical exam and other tests is required if you have reached age 40 by January 1. If under age 40 you don't need to complete the physical exam requirement.

Females age 40 and older need:

- A routine physical every year.
- A pelvic/pap smear every year.
- A mammogram every other year.

Males age 40 and older need:

- A routine physical every year.

Note to physician: Services rendered are at the discretion of the physician. Services rendered will be subject to health plan provisions.

This form is being completed for: _____EMPLOYEE or _____SPOUSE

(Please list the employee's name on both the Employee and the Spouse form.)

Employee Name (Print): _____

Spouse Name (Print): _____

Physician Name: _____ Date of Physical: _____

I certify that the above individual has completed these requirements in _____(current year)

Physician or MD office administrative staff name (Print): _____

Signed: _____ (MD or MD office administrative staff)

Date signed: _____ MD phone number: _____

Return signed form when requirements are completed, but *no later than October 31, 2016*. Login to your myInertia account and upload this form in your Scorecard by taking a picture with your smartphone or tablet or scanning the document into your computer.